

Sailors Weight Comparison Chart

The “box rule concept” allows sailors of very different weight and size to compete on an equal playing field and thus does not limit the top level participation to a narrow weight range that could advantage or disadvantage certain parts of the world.

Chart: Weight and size of sailors which are currently competing against each other on top level (taken from the current world ranking and latest world level competition results)

Name	Recent Results	Size	Weight
John Heineken (USA)	2012 World Ranking #1 2011 World Champion	1,85 m	78 kg
Bryan Lake (USA)	2012 World Ranking #2 2011 World Championship #3	1,90 m	105 kg
Julien Kerneur (FRA)	2012 World Ranking #6	1,83 m	75 kg
Narapitchit Pudla (THA)	2012 Asian Champion	1,67 m	63 kg
Salih Cakir (TUR)	2012 World Ranking #15 2012 Turkish Champion	1,85 m	90 kg
Bjorn Rune Jensen (DEN)	2012 World Ranking #12 2012 Masters World Champion	1,91 m	90 kg
Florian Gruber (GER)	2012 World Ranking #9 2012 German Champion	1,83 m	75 kg
Blazeg Ozog (POL)	2012 World Ranking #7	1,78 m	70 kg
Steph Bridge (GBR)	2011 World Champion	1,82 m	69 kg
Nayara Licario (BRA)	2011 World Championship #3	1,70 m	57 kg
Aya Oshima (JPN)	2012 Asian Champion	1,57 m	55 kg
Nuria Goma (ESP)	2012 World Ranking #2	1,65 m	52 kg
Katja Roose(NED)	2012 World Ranking #1 2011 World Championship #2	1,76 m	63 kg

No other sailing class offers such a wide competitive weight range allowing sailors from all parts of the world and all size and weight categories to compete.